**Certifications**

ARC Certification Classes and Reviews offered at various times throughout the year. For course details, please visit: madisoncollege.edu/pool

**ARC Lifeguard (LG) Classes**

Registration prerequisites: swim 300 yards continuously, retrieve brick in 90' of water and tread water with no hands for 2 minutes. Applicant must be at least 15 years old.

- LG Full Class
- LG Review
- LGI (LG Instructor)

**Water Safety Instructor (WSI)**

Registration prerequisites: ability to swim all strokes in good form for 25 yards and be at least 16 years old.

We’re always looking for qualified staff with LG/WSI ARC certifications. If you would like to apply please call (608) 245-2115.

**Group Rentals**

Corporate Events—Daycares—Social Groups Community Centers—Scouts—Private Parties Birthdays—Family Reunions—Special Events

Please call (608) 245-2115 for pricing, availability and reservations.

**Group Rentals include:**

- American Red Cross Certified lifeguard(s)
- Exclusive use of pool and locker room access
- Pool toys allowed in shallow end
- Water basketball hoop and two diving boards

**What to bring:**

- Towels, swim cap, goggles, and lock (for locker).

**Term & Conditions:**

Adults must be present at all times. Registration fees are non-refundable for any cancellations less than 72 hours in advance.

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**Parking Information**

Parking permits are available for our community members at the service desk.

Please feel free to visit the following website for more parking information:

madisoncollege.edu/parking-and-parking-permits

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**Madison College Pool Spring 2014**

**SWIMMING LESSONS**

- ALL AGES, skills and abilities welcome!
  - Group Lessons
  - Private Lessons
  - Adult Lessons
  - You-n-Me Lessons (a.k.a. “Parent/Child”)

**GROUP RENTALS**

- Daycares, Community Centers, Youth Groups
- Corporate Events
- Scout Troops
- Social Groups
- Private Parties
- Birthdays
- Special Events

**CERTIFICATION CLASSES**

- ARC CPR-Pro/AED, Lifeguard & WSI/LSI

**CLASSES**

- ARC CPR-Pro/AED
- Lifeguard & WSI/LSI
- CPR/First Aid/BLS

**FITNESS, HEALTH & RECREATION**

We’d love to see you at the pool!

For programming details and registration please visit:

madisoncollege.edu/pool

pool@madisoncollege.edu

p: (608) 245-2115   f: (608) 245-2119
Youth Lessons

For more information about levels or to register and participate in swimming lessons, please visit: madisoncollege.edu/swimming-lessons or call (608) 245-2115.

Swimming Lessons**
All lessons are led by qualified instructors.
ALL ages & skill levels welcome.
**Classes need a minimum of 3 participants to run.**

Group Lessons ~ $42 per session
Offered at various levels for ages 6 months and up.
Classes run once a week for seven weeks.
- You-n-Me Lessons (a.k.a. “Parent/Child”)
  This is the perfect time for you and your precious little one to bond and gain water confidence in an inviting, safe and comfortable environment.
- Levels 1* - 6
  Call, email or visit our website for a description of each level—we would be thrilled to help find the best possible fit for your child!

*CHILDREN MUST BE A MINIMUM AGE OF 4 YEARS OLD TO BEGIN LEVEL 1

Private Lessons

$25 per lesson
Each session consists of a thirty minute one-on-one with a qualified instructor. Sessions are customized to meet your specific needs and are offered at all levels.
For lesson availability, please call (608) 245-2115.

Lesson Time Tables

Saturday Mornings

Session 1: January 25th to March 8th

<table>
<thead>
<tr>
<th>Level</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>You-n-Me</td>
<td>9:30a-10:00 a</td>
</tr>
<tr>
<td>Level 1*</td>
<td>9:30a-10:00 a</td>
</tr>
<tr>
<td>Level 2</td>
<td>10:05a-10:50a</td>
</tr>
<tr>
<td>Level 3</td>
<td>10:05a-10:50a</td>
</tr>
<tr>
<td>Level 4/5</td>
<td>11:00a-11:45a</td>
</tr>
<tr>
<td>Adult Beginner</td>
<td>11:00a-11:45a</td>
</tr>
</tbody>
</table>

*CHILDREN MUST BE A MINIMUM AGE OF 4 YRS OLD TO BEGIN LEVEL 1

Session 2: March 15th to May 3rd

*No class April 19th*

<table>
<thead>
<tr>
<th>Level</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>You-n-Me</td>
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<tr>
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</tr>
<tr>
<td>Adult Beginner</td>
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</tr>
</tbody>
</table>

*CHILDREN MUST BE A MINIMUM AGE OF 4 YRS OLD TO BEGIN LEVEL 1

Lap Swim

ADULT LAP SWIM ~
$7 day pass fee or included with Fitness Center Membership

<table>
<thead>
<tr>
<th>DAY</th>
<th>MORNING</th>
<th>MID-DAY</th>
<th>EVENINGS</th>
</tr>
</thead>
<tbody>
<tr>
<td>MON</td>
<td>6:30-11:00</td>
<td>11:00-12:30</td>
<td>3:00-6:00</td>
</tr>
<tr>
<td>TUES</td>
<td>7:15-9:20</td>
<td>11:30-12:25</td>
<td>3:00-6:00</td>
</tr>
<tr>
<td>WED</td>
<td>6:30-11:00</td>
<td>11:00-12:30</td>
<td>3:00-6:00</td>
</tr>
<tr>
<td>THU</td>
<td>7:15-9:20</td>
<td>11:30-12:25</td>
<td>3:00-6:00</td>
</tr>
<tr>
<td>FRI</td>
<td>6:30-11:00</td>
<td>11:00-12:30</td>
<td>3:00-6:00</td>
</tr>
<tr>
<td>SAT</td>
<td>7:30-9:20</td>
<td>N/A</td>
<td>N/A</td>
</tr>
</tbody>
</table>

Aqua Fitness

TU/TH 11:30a-12:25p
$7 day pass fee or included with Fitness Center Membership
50-minute water workout incorporating aerobic and strength moves performed in shallow and optional deep areas.

Membership Fees

Madison College Student Included with valid OneCard
Faculty, Staff, Alumni, Retiree of the College $100 per semester
Community Single $125 semester
Senior (60+) $75 a semester
Day Pass $7-access to all facilities for one day
Monthly Pass $35 unlimited visit for a month from date of purchase

For your convenience, we offer the following items for sale:
Goggles $15 - Swim Caps $4 - Locks $5 or $8
(Wisconsin & city of Madison Sales Tax applicable)