MADISON AREA TECHNICAL COLLEGE
NURSING ASSISTANT PROGRAM

Functional Abilities

**Gross Motor Skills**
- move within confined spaces
- maintain balance in multiple positions
- reach below waist (e.g., plug electrical appliance into wall outlet)
- reach out front

**Smell**
- detect body and environmental odors

**Fine Motor Skills**
- grasp, pinch, twist, squeeze (e.g., record/chart)
- hand coordination (e.g., manipulate equipment)

**Environment**
- tolerate exposure to allergens (e.g., latex products, chemical substances)
- tolerate heat and humidity (e.g., giving showers)

**Physical Endurance**
- maintain physical activity for length of clinical shift

**Reading**
- read and understand written documents (flow sheets, charts, graphs)
- read digital displays

**Communication**
- interacts with others
- speak English
- write English
- listen and understand spoken and written word

**Physical Strength**
- push, pull and lift 50 pounds
- support 50 pounds of weight
- use upper/lower body strength

**Tactile**
- feel vibrations (e.g., pulse)
- detect temperature (e.g., skin, liquids, environment, equipment)
- feel differences in surface characteristics (e.g., rashes, swelling)

**Hearing**
- hear normal level speaking sounds
- hear faint voices/whisper

**Emotional Stability**
- ability to provide client with emotional support
- adapt to changing environment/stress
- focus attention on task
- cope with strong emotions in others (e.g., anger, grief)
- respond to the unexpected (e.g., death, emergencies)
- maintain emotional control

**Mobility**
- twist/bend/stoop/squat
- move quickly (e.g., response to an emergency)
- climb stairs
- walk (e.g., walk with client)
Math
add/subtract/multiply/divide
measure
tell time/count

Visual
see objects up to 20 feet away (e.g., information on computer screen, skin, client in room)
use depth perception
use peripheral vision
distinguish color and color intensity

Problem Solving
know the difference between serious and minor problems
apply knowledge and skill
organize and use information

Interpersonal Skills
establish appropriate relationships with clients, families, and co-workers
respect cultural differences
handle interpersonal conflict

NOTE: Students with a documented disability, who require an accommodation to meet the standards listed on the Functional Abilities List for the Nursing Assistant Program, must submit a Reasonable Accommodation Request Form prior to the start of the Nursing Assistant Program. Request must be made and accommodations in place prior to starting the Nursing Assistant Program. All students, including students with disabilities, must meet the standards listed on the Nursing Assistant Functional Abilities List to be accepted in the Nursing Assistant Program.