Girls Tri-County Game Rules 2014

4th Grade & 5th Grade

**Free Throws** – Players may start with any portion of their foot touching the free throw line and they may step into the lane with their follow through. The shooter cannot be the first player to touch the ball on the rebound.

**Lane violations** – will be 4 seconds rather than 3 seconds.

**Defense** –

- Only half-court man-to-man defense will be permitted. Once the defending team gains control of the ball the opposing team must immediately retreat to half-court to defend their basket; after the ball changes possession the defense cannot touch the ball in the back-court
- A defensive player may pick up their man at half court but will not be required to play defense until their man enters the three point arc in the front-court;
- Double-teaming is not allowed unless the offensive player comes to the defense and the defense does not initiate the double-team (half court trap); a team will be allowed to provide help defense in the lane provided it is not construed to be a zone;
- Absolutely no zone defenses, formal (e.g., 1-2-2) or informal (i.e., sagging so far off the offensive player that it becomes unclear who the defensive player is guarding) are allowed at any time;
- The penalty for initiating a double-team or zone defense will be one team warning, thereafter, a technical foul will be assessed to the team which will not count towards the bench; and
- During the last two minutes of the game: full court pressing, either zone or man-to-man shall be allowed by either team; double-teaming of an offensive player shall be allowed; and zone defenses in the front-court shall be allowed.

6th Grade

- Full court press will be allowed until 20 points ahead. At that time, the team must drop back to half-court defense.

7th & 8th Grade

- All WIAA rules with no exceptions!

**GENERAL RULES:**

- Warm-up: Seven minute minimum
- Quarters: Four – seven minute quarters
- Halftime: Four minutes
- Overtime: First – Two minutes, Second Overtime – First team to score
- Time-Outs: Two per half – One minute each (Horn sounds after 45 seconds). Each overtime period will have one additional full time-out. They do not carry over.
- Technical Foul: All Technical fouls will result in an automatic two points for the other team and possession of the ball.
- Game Ball – The home team will provide an official women’s regulation size basketball.
- Lopsided Scores: A team ahead by 20 points will not be allowed to press in the back court. Once a team is ahead by 30 points, the score will be removed from the scoreboard and the clock will run continuously except for time-outs and injuries.
- (SEAT BELT RULE) Bench Contact - Coaches must have contact with the bench at all times. Coaches may stand only to call a time-out, to talk to players on the bench, or to cheer a great play.
- Scorekeeper – Each team will provide one person for the score table. One will run the clock and one will do the scorebook. Person must be at least 14 years of age.
- The Tri-County Conference will not tolerate harassment, taunting, profanity, or racial comments directed towards coaches, players, officials, scorers, timers, or spectators. People found in violation of this policy will be subject to discipline by the Tri-County Commissioner.

ALL OTHER WIAA RULES APPLY UNLESS NOTED ABOVE!

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